US-USSR Committee For Health Cooperation Meeting Here This Week

The fourth session of the US-USSR Joint Committee for Health Cooperation is being held at NIH this week (Oct. 20-24).

This year's meeting got under way yesterday morning. In the afternoon, medical scientists from the United States and the Soviet Union presented detailed reports of their work in five major areas of research collaboration.

These scientists also presented for Joint Committee review, amendment, and approval, their work plans for the coming 1975-76 year.

Co-chairmen of the Joint Committee are Dr. Theodore Cooper, HEW Assistant Secretary for Health, and Dr. Dimitri Venediktov, Deputy Minister of Health, USSR Ministry of Health.

Rounding out the seven-man Joint Committee for the American side are Dr. Donald Fredrickson, NIH Director, Dr. Paul Ehrlich, Director of the NIH Office of International Health, and Dr. Robert Fischer, Director of the NIH Office for Europe.

In addition to Dr. Venediktov, (See US-USSR, Page 8)

NCI Scientists Present Papers on Their Research On Leukemic Diseases at Meeting Held in Denmark

Reports on the research of National Cancer Institute scientists were given at the VII International Symposium on Comparative Research on Leukemia and Related Diseases, held on Oct. 15-17, in Copenhagen, Denmark. The symposium was sponsored by NCI and the Leukemia Society of America, Inc.

Two NCI scientists—Dr. David Gillespie and Robert C. Gallo—evaluated the existing evidence linking human leukemia with a certain type of virus having an hereditary core of RNA (ribonucleic acid).

Dr. Gillespie and Gallo presented several hypotheses as to how RNA viruses might cause acute myelogenous leukemia, a rare form of cancer affecting approximately 2 of every 100,000 persons in the U.S. each year.

Myelogenous leukemias are cancers of the blood in which precursor cells in the bone marrow

(Continued on Page 4)

NIAID TEAM FINDING

Identification of Specific Receptor for C3b May Explain Renal Disease Mechanisms

By Bobbi Placikin

An NIAID team of scientists has identified a specific receptor for C3b—one of the series of interacting serum proteins known as complement—in the human kidney's tightly coiled blood vessels—the glomeruli.

This finding may lead to an understanding of the mechanisms of certain kidney diseases and may assist in the development of appropriate immunotherapy.

In glomerulonephritis, for example, the most common type of renal disease, aggregates of antigen, antibody, and complement molecules—immune complexes—become trapped in the glomeruli.

This leads to immune injury due to the subsequent formation of activated cell-destroying complement proteins. The organ's function of purifying the blood is impaired, leading eventually to kidney failure.

In the study, Dr. Michael C. Gelbard of Georgetown University Medical Center, a guest worker in NIAID's Laboratory of Immunology, collaborated with two NIAID scientists, Dr. Michael M. Frank, Laboratory of Clinical Investigation, and Dr. Ira Green, Laboratory of Immunology.

Until now, accumulation of immune complexes in the glomeruli was thought to be merely due to their size—larger than the glomeruli's pores.

However, the discovery of this receptor for complement suggests that the complexes containing complement may be specifically bound to the glomerular blood vessels.

The presence of this receptor was discovered because it was observed that only those indicator sheep red blood cells coated with antibody plus C3 adhered to the glomeruli of sections of normal human kidney tissue.

Red blood cells coated with the same antibody and other components of complement system did not bind to the kidney tissue.

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(See RECEPTOR, Page 6)
Open Season for Health Benefits Starts Nov. 15

An “Open Season” under the Federal Employees Health Benefits Program will be held Nov. 15-30. During this period, eligible employees may enroll in a plan. Those already enrolled may change their plan, option, or type of enrollment or any combination. Before Nov. 15, a packet entitled “Federal Employees Health Benefits Program” will be distributed to all employees. Registration procedures will be included with this information.

During the Open Season, registration assistants will help employees complete forms and answer questions. Their names and locations will be posted on official bulletin boards and will also be available in personnel offices.

A panel of experts from the four major health plans will answer questions on the 1976 contracts on Thursday, Nov. 20, at 2 p.m. in Blgd. 1, Wilson Hall.

Representatives Listed

Panel members will represent Group Health Association, Inc. of Washington, D.C., Blue Cross-Blue Shield, Aetna Life and Casualty Company, and University Affiliated Health Plans, Inc. of Washington, D.C.

This session, open to all employees, is sponsored by the Employee Relations and Recognition Branch.

Women Golfers Hold Banquet, Elect Officers, Award Prizes

More than 40 golfers attended the NIH Women's Golf Association annual banquet on Oct. 7 at the Naval Officers' Club. Officers elected for next year are Lois Duggan, president; Susan Hamilton, secretary/treasurer, and Roberta Seward, secretary. Over 20 matches were played this summer with an average of nearly 10 matches per golfer.

Prizes were awarded the winning teams as well as individual golfers in the fall out at Needwood Golf Course.

Recipients of trophies, by flight, are as follows:

Low Gross: A, Jean Russell; B, Betty Fuchs; C, Susan Hamilton.

Ringer Chart Winner: A, Dorothy Viener; B, Marge Gifford; C, Gracie Nordberg.

The president of the NIH group, J. A. Ringer, chairman, will be awarded the title of “Ringer” Chart Winner.

NIH Toastmasters Are Hosts For Annual Contest Held Here

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Extra Caution Urged By Security Branch: Help Stop Robberies

A robbery occurred in parking lot 21-B on Oct. 7 at 3:30 p.m. An NIH employee sitting in his car was approached by a man wearing a floppy hat who asked for a light for his cigarette.

Shortly thereafter, the employee left his car and began walking toward Bldg. 1. As he approached a foot bridge, the man he had talked to, and who was walking in the same direction, pulled a gun and demanded the employee's wallet.

When the employee turned to see if the man really had a gun, he was wrestled to the ground. Another NIH employee walking through the parking lot at this time witnessed this part of the incident and notified the guards.

The holdup victim lost a substantial amount of cash and several credit cards.

A suspect was arrested by D.C. police when he attempted to use one of the stolen credit cards.

In an effort to prevent crimes, the Security Management Branch of DAS recommends carrying as little cash as possible and leaving credit cards at home or in a safe place except when they are being used.

They further note that there have been a number of losses of EEO Advisory Council Calls Session to Hear Concerns of NIH'ers

The Equal Employment Opportunity Advisory Council called an open meeting for all NIH employees on Thursday, Oct. 9, in Wilson Hall.

The purpose of the meeting was to hear the concerns of NIH'ers that were related to the EEO program.

James S. Alexander, chairman, NIH EEO Advisory Council, and EEO coordinator for the Clinical Center, explained the role of the council and the functions of its subcommittees.

Jean G. Oliver, executive board chairperson of the EEO Council, reported on the issues of each standing committee. Mrs. Oliver is a speech pathologist for NINCDS.

Will Report to Dr. Fredrickson

A report on the “clerk of concerns” received from the NIH community will be made to Dr. Donald S. Fredrickson, NIH Director. The Council will meet with Dr. Fredrickson and present this report at the end of the month.

A question-and-answer period followed the talks of Mr. Alexander and Mrs. Oliver. This part of the session was called by the council in order to hear concerns of employees that may not have been raised by the council.

NCI Assembly Panel Will Discuss Intramural Issues During Forum on Oct. 22

The NCI Assembly of Scientists will present a panel discussion of Issues Directly Affecting Intramural Research at the Oct. 22 NCI Fourth Wednesday Forum, to be held from noon to 1 p.m. in Conference Room 6, 6th floor of the C wing, Bldg. 31.

The NCI Assembly is a voluntary organization which seeks to improve the working environment of laboratory scientists.

Dr. Nelson A. Wivel, NCI Assembly president, will describe the current activities and aims of the Assembly.

Two Assembly Council members will also serve on the discussion panel. Dr. E. Brad Thompson will report on peer review of intramural research, and Dr. Stephen O'Brien will discuss tenured positions at NIH.

Following the panel's 30-minute presentation, the floor will be open for questions and comments.

The Forum is held monthly to exchange information and ideas among NCI staff. However, all interested NIH employees are invited to attend.

Mapping out plans for another successful Combined Federal Campaign at NIH are six CFC officials. L to r: Floyd Swanson, coordinator for OA and OD; Frank Goff, Dr. Nusser, Louis Nepper, and Sally Richardson, all of MEI, and Terri Chaporis, DRS coordinator.

The 1975 NIH Combined Federal Campaign was launched by Dr. Donald S. Fredrickson, NIH Director and chairman of the drive, with an address to campaign coordinators and key persons at the opening meeting on Oct. 14 in Wilson Hall.

Dr. Fredrickson urged the group to do everything possible to help NIH not only reach its quota of $190,400 but also to surpass its goal for the 3rd year in a row.

Last year NIH exceeded its goal, with 65 percent of 9,796 employees contributing $203,761. However, until the final days of the campaign, participation was below 50 percent.

This year emphasis will center on full participation as well as attaining the goal.

The CFC benefits three major charitable agencies. Three-fourths of the funds go to the United Way —105 local health and welfare agencies, including the United Black Fund.

Many Agencies Benefit

Almost 18 percent goes to the 11 national health organizations of the National Health Agencies, and about 7 percent is allotted to the five International Service Agencies.

The overall CFC theme for the Washington area is, “The Spirit of ’76. . . The giving of people, for people, by people.” Consistent with that slogan is the NIH theme: “Giving—An American Tradition.”

Dr. Carl Kupfer, NEI Director and CFC vice-chairman for NIH, commented, “During this short annual drive, we have the opportunity to help those less fortunate than we by making one gift that will work throughout the year.”

“We at NIH are involved in a Federal program where the improved health and well being of the American people is our primary objective. Now we have an opportunity to show in yet another way that we are concerned with achieving that goal,” Dr. Kupfer said.

Asst. Dr. Kupfer in the campaign activities are Dr. William L. Nusser, chief of NEI’s Scientific Programs Branch, Frank Goff, and Sally Richardson.

The CFC chairman for the National Capitol area is Frank Zarb, Administrator of the Federal Energy Administration, HEW Secretary David Mathews is serving as CFC chairman for the Department; HEW Assistant Secretary John Ottina is vice-chairman, and Martin T. Walsh, Special Projects Director, is managing the drive.

Last year, more than $9.7 million was donated in the Washington area drive, surpassing a $9.4 million goal. In that campaign, HEW led all Cabinet agencies in percentage over goal.

The present NIH goal is slightly higher than last year’s quota of $187,300, but is less than the $203,761 that NIH contributed at that time.

Last year, NIH participation was 63 percent, down from the previous year’s 71 percent. The average gift last year was $32 per person, $2 better than in 1973.

Giving-An American Tradition’ Is Theme; NIH Launches Drive to Surpass CFC Goal

Heard our plans for another successful Combined Federal Campaign at NIH are six CFC officials. L to r: Floyd Swanson, coordinator for OA and OD; Frank Goff, Dr. Nusser, Louis Nepper, and Sally Richardson, all of MEI, and Terri Chaporis, DRS coordinator.

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Transportation Foreman Ezekiel Z. Parker Dies

Ezekiel Z. Parker, transportation foreman, who has been at NIH since June 1957, died Oct. 7. He is survived by his wife, Carrie Parker, who is in the Mail Services Section assigned to Bldg. 1; two daughters, Doris Pippins and Hester Jordan; a son, Charles H. Highbrite, Jr.; six grandchildren; his mother; two sisters, and three brothers.

His family requests that contributions be sent to the Clinical Center Patient Emergency Fund.
Evelyn Attix Is Named NHLI Executive Officer

Evelyn Attix has been appointed executive officer of the National Heart and Lung Institute.

Ms. Attix will advise the Director on the management aspect of NHLI operations and will be responsible for planning and directing administrative activities of the Institute.

She will also assist the Director in the interpretation, analysis, and implementation of legislation or administrative orders affecting the overall mission of the Institute.

Ms. Attix attended the University of California in Berkeley and George Washington University, where she received her A.B. in 1955. She later served on the Federal management intern program the following year.

Ms. Attix has been with NIH since 1953 and has been with the Institute since 1957. Before her present appointment, she had served since 1958 as administrative officer of NHLI's Intramural Research Program.

Problem to Be Resolved

One major problem to be resolved is how the small piece of viral DNA can account for the viral proteins and particles found in leukemic patients.

Dr. Gillespie suggested that people can carry these viruses without a harmful effect, with infection of the blood cells occurring in only a rare person.

The proposed solution of steps for viral infection predicts that scientists should find viral DNA in genes of some organs infected by the virus, or the segment of possibly altered viral DNA in genes of precursor cells of body organs producing the white blood cells, Dr. Gillespie said.

Other Tests Undertaken

So far, two scientists from Columbia University College of Physicians and Surgeons may have discovered the small piece of viral DNA in leukemic blood cells.

However, tests of limited numbers of organs of leukemic patients by the NCI scientists have failed to show evidence of complete virus information.

The virus isolated by the NCI scientists from human leukemic cells has components similar to viral components in leukemic patients.

The virus also is similar, both biochemically and immunologically, to two viruses that cause cancer in primates other than man.

One of these viruses causes myelogenous leukemia in the gibbon ape, a close relative of man; the other, isolated from a woolly monkey, causes solid tumors in mice. The human virus is particularly similar— and may be identical—to the woolly monkey virus.

Dr. Gillespie and Gallo proposed that the patient herself may have had the proper type of RNA to produce the virus isolated from the patient's laboratory-grown cells.

Other scientists have very recently postulated the isolation of similar viruses from both normal and cancerous human tissues.

Dr. Richard H. Adamson re
LEUKEMIA
(Continued from Page 4)

in mice with leukemia P388, mast cell P815, or plasma cell YPC-1 cancers, and in rats with Walker 256 carcino-sarcoma.

Maytansine was extremely potent against the animal cancers, the NCI scientist said. Doses in the range of 25 micrograms (a millionth of a gram) per kilogram (1000 grams) of body weight were effective in inhibiting tumor growth in rats.

This activity on a weight basis was 10 times that of the vinca alkaloids, vincristine and vinblastine, two clinically proven anticancer drugs that may have a mechanism of action similar to that of maytansine.

Studies Suggest Suppression

Studies of the undesirable side effects of the drug suggested that suppression of red and white blood cell formation in the bone marrow may determine the highest doses that cancer patients will be able to tolerate, Dr. Adamson said.

Maytansine also caused slight hind limb paralysis and muscular weakness in mice—a clue that suggests the compound may interfere with nerve function. Experiments with pregnant Swiss mice indicated that the compound can cause birth defects.

Dr. Adamson explained that experiments at the University of Virginia with dividing sea urchin and clam eggs suggested that maytansine exerts its anticancer effect by inhibiting cell division.

The compound interfered with formation of the mitotic spindle—thread-like projections that form in a cell during division and may be essential for preservation of the cell's hereditary material. Vincristine and vinblastine, originally derived from the periwinkle plant, act in a similar manner. However, maytansine is 100 times more effective than the periwinkle alkaloids in inhibiting cell division, the NCI scientist reported.

When administered to animals, maytansine arrested cell division in a number of organs. It was particularly active in inhibiting dividing pancreatic cells.

This finding is intriguing, Dr. Adamson said, because no drug now available is very active against pancreatic cancer.

Maytansine is one of a group of chemical compounds called ansa macroides. Other biologically active ansa macroides include the antibiotics streptovaricin, an anti-tuberculosis drug, and rifamycin, an inhibitor of a tumor virus enzyme called reverse transcriptase.

Maytansine is the only member of this chemical class to show anti-cancer activity. Physicians hope that the novel chemical structure will endow maytansine with an activity against human cancers that is different from the approximately 50 known anticancer drugs.

Dr. Bruce A. Chabner discussed a biochemical test that may predict how a patient with acute myelogenous leukemia will respond to standard chemotherapy.

He is head of the Biochemical Pharmacology Section of NCI's Laboratory of Chemical Pharmacology.

The test compares the activities of enzymes in the abnormal white blood cells of AML patients. Enzymes of one type, called kinases, convert two anti-kinase agents to their active form.

A second type of enzyme, called a deaminase, converts the drugs to inactive form. AML patients with high levels of activating enzyme and low levels of deactivating enzyme conceivably would have a better response to drug therapy, the NCI scientist suggested.

Acute myelogenous leukemia is a rare form of cancer that occurs particularly in adults and is characterized by the inability of white blood cells in the bone marrow to mature.

The result is a marrow packed with abnormal, non-functioning white blood cells called blasts.

Two anticancer drugs used for inducing remission—partial or complete disappearance of clinical evidence of disease—in AML patients are cytosine arabinoside (ara-C) and 5-aza-cytidine (5-aza-C).

Ara-C and 5-aza-C are similar in chemical structure to the naturally occurring nucleosides, the building blocks of deoxyribonucleic acid (DNA), the cell's hereditary material.

The drugs exert their anticancer effect by competing with the natural nucleosides for enzymes critical for the synthesis of DNA, thus blocking cell division.

Patients' Enzymes Studied

In the study, conducted by Dr. Chabner and his co-workers, blast cells from previously untreated AML patients were tested for activity of kinase and deaminase enzymes.

Three enzymes were measured: deaminase; a deaminase; and cytidine deaminase, the enzyme that converts ara-C to its inactive form.

Enzyme activities for each patient were expressed as a ratio of activating to deactivating enzyme.

Forty-four patients with various forms of leukemia or AML took part. The patients had very different potentials for activating and deactivating ara-C and 5-aza-C, the NCI scientist found.

The enzyme levels varied independently and with no apparent relationship to the subclass of AML or the sex of the patient.

The activity of each enzyme was independent of the activity of the other two. Some patients whose cells failed to activate one drug were able to activate the other drug instead.

The study showed that it is necessary to measure activities for both activating and deactivating enzymes in order to determine an individual's potential for response to ara-C or 5-aza-C chemotherapy, Dr. Chabner said.

The biochemical test may be useful in selecting which of the two drugs to use for each AML patient and tell whether the patient is likely to respond to either drug.

A clinical trial with AML patients is underway in cooperation with Drs. Peter Wiernick and Paul Chang at NCI's Baltimore Cancer Research Center to determine whether this test accurately predicts responses to chemotherapy.

Research on Biomaterials Discussed by Dr. Bruck At German Conference

The present status of biomaterials research and development in the U.S. is the subject of a presentation by Dr. Stephen D. Bruck at the 8th Conference of the Association of German Research Scientists and Physicians, Rottach-Egern, Germany, today (Oct. 21).

Dr. Bruck is program manager of the Biomaterials Program, Division of Blood Diseases and Resources, National Heart and Lung Institute.

Synthetic or composite materials are for use within the body, as artificial blood vessels, heart valves, and replacement devices, and corporally in artificial kidneys, blood oxygenators, catheters and blood tubing, among other applications.

Describes Desirable Properties

Such biocompatible materials must neither damage delicate blood cells, proteins, and other blood components, nor cause the blood to clot; and they must retain various intrinsic properties such as strength and elasticity for prolonged periods—for years if implanted within the body—without allergic, toxic, or carcinogenic effects.

“Obviously, no single material can serve these diverse applications,” Dr. Bruck said.

“Furthermore, though a number of materials have proven useful for such applications as artificial heart valves, blood vessels, heart-lung machines, hemodialyzers, and other devices for short-term usage, the ‘ideal’ biomaterial for any specific category of devices has yet to be developed,” he will say.

Dr. Bruck will cite the following promising areas of biomaterials research in the U.S.:

- Fundamental studies of the cellular and biochemical components of the blood vessel wall and their interactions with blood to provide design-criteria for biomaterials.

- Synthesis and evaluation of new polymers as membranes providing the blood/gas interface in membrane blood-oxygenators (artificial lungs).

- Compared to membranes now in clinical use, the new materials are more compatible with blood and feature improved gas-exchange capacities.

- Hydrogels and other surface modifications of existing polymers to combine the advantages and minimize or eliminate the disadvantages of different materials in combination.

- The soft, gelatinous hydrogels, containing from 30 to 90 percent water, resemble the inner surfaces of normal blood vessels but lack mechanical strength and toughness.

However, this disadvantage is overcome by the use of radiation, chemical, or atomic grafting techniques to apply a thin surface-coating of a hydrogel to a substrate polymer possessing the other desired characteristics.

Promising Investigations Listed

Other surface-modification procedures under study include the use of microwave discharge techniques to alter the surface energy characteristics of polymers.

- Specially prepared segmented polyurethanes and “springy” polypropylene with mechanical properties, resiliency, and strength resembling those of living tissues.

- A substrate surface on which synthetic elastomers serve as a scaffold for the attachment of living cells that, when formed, present a surface of living tissue to the blood.

In his report on U.S. research and development of biocompatible materials, Dr. Bruck will describe several different approaches.
A new seminar program—to stimulate 261 National Cancer Institute summer employees to become involved in their Government jobs—was so successful that the NCI Training Office is planning to continue it in the future. At the first seminar in mid-July Sharon Bob (standing), Montgomery College, and Frederick Brigham, D.C. Teachers College, spoke on scholarships and financial aid. Kinetics, the science/art of body language, was the topic of the second seminar, and Dr. James A. Peters, NCI, spoke on Cancer: Facts and Fallacies at the final seminar.

NIH Visiting Scientists Program Participants

9/28—Dr. Chi Chiang Mao, Taiwan, Laboratory of Preclinical Pharmacology. Sponsor: Dr. Emilio Costa, NIMH, St. Elizabeths Hospital, WAW Bg., Rm. 101, Washington, D.C.
9/29—Dr. Teruhiko Nakada, Japan, Hypertension-Endocrine Branch. Sponsor: Dr. Frederic C. Bartley, NIIH, Bg. 10, Rm. 7N200.
9/29—Dr. Geoffrey Watterson, Australia, Environmental Biometry Branch. Sponsor: Dr. David G. Roel, NIEHS, Research Triangle Park, N.C.
9/29—Dr. Avinash M. Joshi, India, Laboratory of Physiology. Sponsor: Dr. Peter Riez, NCI, Bg. 10, Rm. B1B30.

Others Visit From Asia
9/29—Dr. Chizuko Kabuto, Japan, Laboratory of Chemistry. Sponsor: Dr. James V. Silverton, NIIH, Bg. 10, Rm. 7N316.
9/29—Dr. Jayaraman Lakshmanan, India, Laboratory of Biomedical Sciences. Sponsor: Dr. Gordon Guroff, NICHD, Bg. 6, Rm. 310.
9/29—Dr. Hanumantharan G. Raj, India, Carcinogen Metabolism and Toxicology Branch. Sponsor: Dr. Elizabeth Weisberger, NCI, Bg. 37, Rm. 3B23.
9/29—Dr. Kazufumi Shimizu, Japan, Laboratory of Infectious Diseases. Sponsor: Dr. Robert Chanock, NIAID, Bg. 7, Rm. 301.
9/29—Yoko Koshi Shimizu, Japan, Laboratory of Infectious Diseases. Sponsor: Dr. Robert Chanock, NIAID, Bg. 7, Rm. 301.
9/29—Dr. Peter Ronald Stone, United Kingdom, Laboratory of Pathophysiology. Sponsor: Dr. William Kidwell, NCI, Bg. 10, Rm. 5B39.
9/30—Dr. Evylene May, France, Laboratory of Biology of Viruses. Sponsor: Dr. Norman P. Salzman, NIAID, Bg. 5, Rm. 524.

RECEPTOR
(Continued from Page 1)
cells could be almost completely blocked by prior incubation of the kidney tissue with a C3b solution. The scientists have not yet found the C3b receptor's exact location within the glomeruli but it has been suggested that it is located on the surface of the endothelial cell that forms the inside lining of the glomerular blood vessels.

This binding of C3b was observed in all apparently normal kidney tissue examined, including that of a one-day-old child. The presence of this receptor in kidney tissue from patients with various renal diseases is now being studied.

These findings were reported in the October issue of the Journal of Experimental Medicine.

...DR. KRAUSE
(Continued from Page 1)
creasingly aware that genetic control of the antibody response to bacteria and viruses is important in health and disease, for example, in determining susceptibility or resistance to infection.

However, Dr. Krause has stated that "genetically determined immune responses also have other, far less predictable influences. Genetic control of the immune response might explain the emergence of abnormal antibodies, such as those implicated in rheumatoid arthritis and nephritis."

Although basic studies on immunology have been his primary concern, he has maintained an interest in the practical application of new knowledge in the prevention and control of diseases.

He has, for example, identified the patterns of the spread of streptococci in families and communities, and he is one of the leaders in the problems of sexually transmitted diseases.

Career Detailed
Dr. Krause received his A.B. degree from Marietta College in 1947 and an M.D. degree from Case Western Reserve University School of Medicine in 1952.

He joined the Rockefeller Institute—then the University of the World—then called—after his internships and residency in internal medicine at Barnes Hospital, St. Louis. In 1963 he joined the staff of Washington University School of Medicine in St. Louis. He was professor of epidemiology and professor of medicine there when he returned to Rockefeller in 1966. In 1968 he became professor and senior physician.

Dr. Krause is a member of numerous scientific groups, including the Association of American Physicians, American Society of Clinical Investigation, American Association of Immunologists, American Society for Microbiology, American Association for the Advancement of Science, and Infectious Diseases Society of America. He is also a member of the Royal Society of Medicine Foundation, Inc., and the Directors Council of the New York Heart Association.

Dr. Krause has been a consultant and member of the World Health Organization's Coeal Expert Committee since 1947, he served on the Commission on Streptococcal and Staphylococcal Diseases of the U.S. Armed Forces Epidemiological Board for 9 years. He was chairman of NIH's Allergy and Immunology Study Section for 4 years and a member of NIAID's Infectious Diseases Advisory Committee for another 4 years. Dr. Krause is an editor of the Journal of Experimental Medicine.

Biomed. Panel Discusses Federal Budget And Research Issues

The recent meeting—Sept. 29—of the President's Biomedical Research Panel brought together members of non-government organizations related to health affairs, HEW representatives, and scientists from senior advisory bodies to NIH and ADAMHA.

The 3-day conference at NIH considered several topics including the Federal health budget, the role of the Federal Government in the health care systems, issues related to biomedical and behavioral research, such as the tendency of Government to stress the support of demonstrable research, and the essential role NIH plays in support of biomedical research.

The speakers who discussed the Federal health budget included William Morrill, HEW Assistant Secretary for Planning and Evaluation, and Stuart Altman, HEW Deputy Assistant Secretary.

Mr. Morrill reviewed the growth of the Federal budget in the light of inflationary and recessionary factors. He also stated that the "most important impact on health will not come from medical advances, but from changes in living conditions, the environment, etc."

Dr. DeBakey Speaks
On the second day of the conference, Dr. Michael DeBakey, president, Baylor College of Medicine, speaking for the group representing NIH Advisory Councils, said that Institutes at NIH "have the responsibility to translate research findings into the health care area."

However, Dr. DeBakey added, this should not entail direct action by NIH. Later, the heart specialist declared that when there is not an adequate or appropriate agency to provide for the translation of research findings, NIH must do the job.

Organizations who were represented at the biomedical research meeting included the Federation of American Scientists, the American Heart Association, the American Psychiatric Association, and the American Society for Hematologists.

and on the editorial boards of Immunology, Infection and Immunity, and the Journal of Immunology. He is also the author or co-author of more than 100 scientific papers.

Dr. Krause will be the fourth Director of NIAID since the Institute's establishment in 1955. He succeeds Dr. Dorland J. Davis, who retired on Aug. 1. Dr. John R. Seeber, NIAID scientific director, will serve as Acting Director in the interim.

"RUN FOR YOUR LIFE, that's what got me started," says Jay Miller of NIAAID who is co-president of the NIH Joggers Club, referring to the campaign that began the physical fitness of Americans.

He clearly remembers when he started jogging—on his first wedding anniversary in 1964 a friend who was president of the D.C. Road Runners’ club challenged him to participate in a 2-mile run.

That first time it took him 21½ minutes to finish, but that distance is barely a warm-up, and he has the time down to 12½ minutes. And he has run nine marathons.

On Friday, Oct. 10, the NIH club sponsored a One Mile Plus Event that attracted more than 20 runners— and walkers—who completed 1 to 6 miles during the noon hour.

Future Events Scheduled

A ballot box was filled with suggestions for a name for the group in the future, including One Mile Plus events to be held the first Friday of every month.

The next, on Nov. 7, will again start from the Cell Exhibit in front of Bldg. 1 and circle the Clinical Center. For further information call Dr. Young, Ext. 65433, or Jay Miller, Ext. 66941.

NIH joggers will also participate in inter-agency meets held in the Washington area. The next, to be held in the late afternoon on Wednesday, Nov. 19, features one-and-two-lap contests on a 1.8-mile course around the Tidal Basin.

How did all these people get interested in what looks like a grueling, but obviously exhilarating, way of keeping fit? Edward J. “Hap” Soban of NCI wears the layered look—a snappy green and gold warm-up outfit over a track suit emblazoned “Potomac Valley Seniors.”

He has been running for 3 years, ever since attending festivities in Columbia, Md., where he saw others in similar garb. The group

is limited to persons 39 years of age and above.

“It looked like a lot of fun, and it is!” he says, grinning. “Since I started, I require less sleep, feel happier the more I run, and have never been in bad shape since.”

Richard Shragor of DCRT has been running 2 miles a day at home for a year and was planning to join a group on this occasion. He runs in the afternoon in winter and in the morning in summer to take advantage of the coolness.

He was planning on relaxing over the weekend with a 54-mile run. He admits however, that his 9-year-old now runs faster and longer than he does.

Another jogger recalled that the 7-year-old son of NIH’er Ron Huss finished the Palos Verde, Calif., marathon last year in less than 4 hours—very good time for the 26-mile distance.

Other Contests Recalled

Dr. Robert A. R. Pearce, a British Visiting Fellow who has been a physical chemist with NIAMDD for the past 3 years, has run three marathons, including the Boston classic.

He was wearing an embroidered patch as one of the first 50 runners who completed a 20 km championship race this year sponsored by the D.C. Road Runners.

Last year that group had 700 members; this year they have nearly doubled their numbers to 1200, attesting to the popularity of jogging.

One might say that Allen Lewis, a research biologist in the Clinical Center Blood Bank, was only ¾ present—he has lost more than 50 pounds since March, when he weighed 220 before taking up jogging.

He decided to get in shape and could run a mile in 7½ minutes. Then he heard that Dr. David Young of NICHD, his instructor in an FAES class, had run a 26-mile marathon at the same pace.

"I couldn't believe it—but I wanted to do it, too," says Allen. And he's getting closer. Last weekend he ran 16 miles on the C&O Canal towpath.

"It's relaxing, not boring, as long as you have good scenery—much better than running on a track," he adds. "It's good competition, with yourself, really, and with the clock and with others.

Benefits Cited

"It's great when you find someone else who runs the same pace as you do yourself. It's like playing games with yourself for timing and distance. It's a real accomplishment."

Dr. Young—co-president of the NIH R&W-sponsored Joggers—also encouraged Dr. Felix Mettler, a Visiting Scientist in his toxicology laboratory, to join the One Mile Plus event just 10 days after arriving on campus.

Linda Carter of NIMH started running when she couldn't play tennis regularly enough to stay in shape. Now she runs at least a mile every evening and has her

Cloudy skies and a cool day were really perfect conditions for the first One Mile Plus jogging event on Oct. 10. Co-president Jay Miller (in hat) explained the course and signed up new members before the group stripped for action.

Dr. Felix Mettler, a Visiting Scientist who began working with Joggers Club co-president Dr. David Young on Oct. 1, found the 5 miles easy compared to Swiss topography. Still smiling after 3 miles and a mile sprint, Dr. Robert Pearce, a Visiting Fellow from England, cools off with a scientifically formulated sweat replacement, called E.R.G.
Leading Russian Eye Specialist Visits NIH and Observes NIH’s Q-switched Laser

Dr. Mikhail M. Krasnov, Director of the State Institute of Ophthalmology in Moscow, visited the National Eye Institute Sept. 25-26 under the auspices of the United States-Union of Soviet Socialist Republics Health Exchange Program.

This program is administered by the Fogarty International Center, where Dr. Krasnov spent a day prior to visiting NEI.

Dr. Krasnov, a professor and leading ophthalmologist in the treatment of glaucoma and ocular microsurgery, collaborated with Dr. Aleksandr M. Prokhorov, a Soviet Nobel prize-winning physicist, in developing the new Q-switched ruby laser, used in the Soviet Union for treating cases of glaucoma that cannot be adequately controlled by medical means.

In 1964 Dr. Prokhorov shared the Nobel prize for the laser's development with an American, Charles H. Townes.

Dr. Krasnov was interested in observing the Eye Institute’s research, clinical, and administrative activities. Dr. Carl Kupper, NEI Director, paid a similar visit to Dr. Krasnov in Moscow in 1973.

Gives Laser Seminar

In addition to touring NEI’s Laboratory of Vision Research and participating in Clinical Branch Grand Rounds, Dr. Krasnov presented a seminar on the Use of Lasers in Clinical Ophthalmology. In a visit to the eye clinic, he observed glaucoma studies by Dr. Elmer J. Ballintine, NEI clinical director, and Drs. Douglas Gaasterland and Frank Macri.

Dr. Krasnov also inspected the Q-switched laser which NEI is developing for use in animals to study the treatment of glaucoma.

The Q-switched laser differs from the conventional argon gas or pulsed ruby lasers used in eye clinics in the United States in that its energy is emitted in a single, large peak rather than in a series of less intense peaks. The effect is that its energy produces openings by perforating instead of heating and destroying the tissue.

In treating glaucoma, the laser is used to provide new outflow channels for the fluid normally produced and circulated within the eye.

Dr. Krasnov was interested in obtaining the Eye Institute’s research, clinical, and administrative activities. Dr. Carl Kupper, NEI Director, paid a similar visit to Dr. Krasnov in Moscow in 1973.

Assists in Glaucoma

In open angle or chronic glaucoma, the most common form, there is gross anatomical evidence of an obstruction to fluid outflow. Elevated pressure can usually be controlled medically, but for those patients in which it cannot, surgery may be required to provide new outflow channels.

Conventional glaucoma surgery is usually recommended only as a last resort because it is both complicated and costly. It is not always effective, nor are all glaucoma patients suitable candidates for this procedure.

The use of lasers in place of, or to delay, conventional surgery is relatively new in glaucoma therapy, although lasers have been used for treating other eye disorders, such as diabetic retinopathy.

Dr. Krasnov said that several years’ follow-up and extensive studies will be needed to assess the real clinical value of Q-switched laser therapy in glaucoma.

He reported that 60 percent of the 140 patients he has treated in the past 5 years for open angle glaucoma have thus far avoided surgery. Laser therapy, used in conjunction with medication, usually must be repeated every few months.

US-USSR

(Continued from Page 1)

The Soviet Union is represented by Dr. Mikhail Saveliev, Deputy Chief of the Department of Foreign Relations, USSR Ministry of Health, and Dr. Aleksandr Glotov, also with the Department of Foreign Relations.

The first meeting of the US-USSR Joint Committee for Health Cooperation was held in March 1972 in Moscow. The Memorandum of Understanding signed at that meeting provided for direct collaboration in heart disease, cancer, and environmental health.

The Memorandum also spelled out the forms that this collaboration would take, including the exchange of scientists and delegations, joint scientific symposia in the problem areas, the exchange of publications, other scientific information, research techniques and equipment, the conduct of joint research studies, and the exchange of drugs, reagents, and biological materials.

Since the signing of the Memorandum, US-USSR cooperation has been expanded to encompass two more problem areas: arthritis, and influenza and acute respiratory diseases.

In addition to evaluating the courses of work in the five major areas, the Joint Committee will consider the feasibility of establishing or increasing cooperation in still other areas, among them occupational health, health services delivery, the organic basis of schizophrenia, and biomedical communications.

Most Joint Committee sessions are being held on the NIH campus in Bethesda. On Thursday (Oct. 2) they will visit Research Triangle Park, N.C., where they will meet with the Central Patient Registry staff of the National Heart and Lung Institute and review the activities of the National Institute of Environmental Health Sciences.

The Joint Committee will conclude its deliberations on Friday at 2 p.m. with a ceremony at which the report of the fourth session will be signed by Co-chairs Drs. Cooper and Venediktov.

A press conference will be held immediately following this half-hour ceremony.

Masur Auditorium Closed

The Masur Auditorium is closed for renovation. The renovation is expected to take several months.